

## TRAVEL BASEBALL/SOFTBALL

The travel team offers qualified players an opportunity to compete at a higher level of competition. This program is more competitive in nature and requires an increased level of interest, talent, and commitment. This program has try-outs with some children being turned away, and carries a registration fee in addition to the recreation baseball fee. The number of teams is based on the number of children in the recreation program interested in playing at a higher level of competition. Must be registered for recreation baseball to tryout for travel baseball. Fee—\$115

### Tryout Levels

**8U, 9U, 10U, 11U, 12U, 13U**

**Player will be evaluated on the following:**

**Hitting, Fielding, Throwing, and Running.**

**Player will be evaluated by independent evaluators.**

Tryout information will be forth coming.

## Letter from Director

Come join us for our fun and exciting classes at the Recreation Department and Fitness Center. Come see what we have to offer, come kick start your new year. Let us help you get into shape today. Its fun and close to home.

See you there!  
John Ciurciu  
Recreation Director

**Tone Up:** is a full body work out that incorporates light lifting and high intensity cardio.

**Pilates:** aims is to improve flexibility and strength and to create a balance in the body. It includes comprehensive regulation of the physical functions and leads to physical and mental relaxation

**Yoga:** Incorporates principals of alignment, strength, flexibility, balance & relaxation.

**Zumba:** fuses hypnotic musical rhythms and tantalizing moves to create a dynamic workout that is fun and easy to do.

**Tai Chi/ Chi-Kung:** is a slow, graceful Chinese exercise that enhances relaxation skills, mental focus and physical alignment while building leg strength, endurance and stability. Tai- Chi is ideal for increasing stamina, flexibility and coordination.

**Jump Start:** is a high energy, fat burning cardio class. Sure to get your heart beat pumping.

**Body Blast:** is a slower Zumba- style class with a great calorie-burn and tone-up.

**Sr. Water Color:** Wet-in-wet and glazing techniques used in still life and landscape paintings. Students supply their own materials.

**Sr. Art:** The basics of drawing including line drawing, shading, still life and perspective. Students supply their own materials.

### Membership Fees:

Student (8th grade thru college)  
\$10/month \$120/year

Single Adult  
\$12/month \$144/year

Family  
\$20/month \$240/year

Senior  
\$8/month \$96/year



## **Franklin Lakes Recreation & Parks Department 2010 Spring Registration Information**



**John Ciurciu  
Recreation & Parks Director**

**Recreation & Parks Department  
1 Vichiconti Way  
Franklin Lakes, NJ 07417  
Office Hours  
Mon. & Wed. 7:00am-6:00pm  
Tues. & Thurs. 8:30am- 8:00pm  
Friday 7:00am- 4:00pm  
201-847-8200**

**[www.franklinlakes.org](http://www.franklinlakes.org)**

## BASEBALL

Online registration will open February 1st and close February 28th, after that you must register in person at the Recreation Department.

**PLEASE NOTE THAT THERE WILL BE A \$50 LATE FEE ADDED TO THE REGISTRATION AFTER FEBRUARY 28**

### In-person Registration Dates :

(At Recreation and Parks Department,

1 Vichiconti Way)

**Tuesdays, February 9, 16 & 23**

**Thursdays, February 11, 18 & 25**

**8:30am– 8:00pm**

### ONLINE REGISTRATION

Registration can also be done on-line by going to [www.franklinlakes.org](http://www.franklinlakes.org), Click on Recreation and Parks in the left hand column and follow directions.

If you are interested in coaching, please indicate it on the registration form under special comments or request box. All coaches must be Rutgers certified and pass a background check.

### Boys Baseball:

Grades 1 & 2—Fee \$65

Grades 3 & 4—Fee \$75

Grades 5 through 9—Fee \$95

Note: 9th graders who play Freshman Ball are eligible but cannot pitch.

Recreation teams will play other Franklin Lakes teams and/or teams from the surrounding towns. Practices are designed to help players improve on their fielding, throwing, batting and base running skills all within the team setting.



## SPRING ROLLER HOCKEY

### Boys and Girls:

#### Kindergarten & 1st grades

Fee \$65

Kindergarten and 1st Grade participants learn the skills of skating and are introduced to the sport with rules.



## SOFTBALL

### Girls Softball:

Grades 1 & 2—Fee \$65

Grades 3 & 4—Fee \$75

Grades 5 through 9—Fee \$95

Practices are designed towards helping players improve on their fielding, throwing, batting and base running skills all within the team setting.



## K-Clinic T– Ball

### Boys and Girls:

#### Kindergarten

Fee—\$65

Learn the basics of baseball and have fun! Held on Saturdays in May and June





## **Friends of the Franklin Lakes Library 2010 Youth Art Show**

**When:** Art Exhibited from March 1 – 23, 2010  
Awards Ceremony on March 23, 2010  
(see reverse side for rules for entries/dates for delivery of art/times)

**Where:** Franklin Lakes Public Library

**Who:** For all Franklin Lakes residents and students  
in Grades K through 8

The Friends of the Franklin Lakes Library invite you to participate in our annual Youth Art Show.

Certificates and ribbons will be awarded to all participants. Local professional artists will be judging the show to award Special Prizes in several categories.

The theme of this year's show is "*The Good Earth*". Please note: Artists have the option of entering art that depicts the show's theme, but it is not mandatory.

We will again offer a "People's Choice" award voting, where all visitors to the Library can vote for their favorite art in a variety of categories.

Please join us in this opportunity to appreciate our young local artists!

**Visit the Library!**

**Vote for Your Favorite!**

## 2010 YOUNG PEOPLE'S ART SHOW

All entries to be delivered to the Library:

**Friday, February 26, 2010**                      **from 3:30 PM to 5:30 PM or**  
**Saturday, February 27, 2010**                      **from 1:00 PM to 3:00 PM**

“People’s Choice” voting in the Library                      **March 1-19, 2010**

Presentation of the awards will be at the Franklin Lakes Library (Everyone is invited!):

**Wednesday, March 23, 2010**                      **at 7:00 PM**

Rules for entries:

1. All students enrolled in Grades K through 8, who are residents of Franklin Lakes or who attend school in Franklin Lakes are eligible to enter the Young People’s Art Show.
2. There is a limit of one (1) entry per student.
3. Artists have the option of entering work depicting their choice of subjects. It is not mandatory to submit works that depict the Art Show’s theme.
4. Only original paintings and drawings will be accepted. No sculpture or crafts, please.
5. Each entry must be suitably framed for hanging. **THIS IS VERY IMPORTANT:** Please make sure that there is a hook or wire attached to the frame so that the art can be hung on the wall. Entries improperly framed can not be hung and will be returned to the artist.
6. No names may be visible on the front of the entry.
7. All entries should be removed from the Library on March 23, 2010 at the conclusion of the ceremony.
8. The Friends do not assume any responsibility for loss or damage to entries.

If you have any questions, please call Toni Wagner at 201-405-1895.

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**PLEASE COMPLETE THIS PORTION AND SUBMIT WITH YOUR ENTRY**

NAME \_\_\_\_\_ GRADE \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_

SCHOOL \_\_\_\_\_

TITLE OF WORK \_\_\_\_\_

**WOMEN'S TEAM:**

Sr. Rose Marie Kean (201) 891-4200  
Judi Lehmbeck (973) 423-2804  
Amy Collilns (201) 891-6806  
Susan Healey (201) 848-4685

*Amy Collins*

*Nancy Ambrose*

*Diane Barbera*

*Dawn Cortese*

*Donna Fitteron*

*Susan Healey*

*Madeline Jannicelli*

*Sr. Rose Marie Kean*

*Judi Lehmbeck*

*Charlene Mady*

*Glory Oberle*

*Lori Pfeifer*

*Donna Pontrelli*

*Kathy Reilly*

*Joanne Reilly*

*Kathy Santo*

*Tracey Starr*

**REGISTRATION FORM**

- For women—March 5-6, 2010
- I would like to know about **Cornerstone**.  
Please have someone contact me.  
\*\*\*\*\*

Name \_\_\_\_\_

Address \_\_\_\_\_

Town \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Nickname \_\_\_\_\_

E-Mail \_\_\_\_\_

\*\*\*\*\*

**Spouse/Family Contact:**

Name \_\_\_\_\_

Relationship \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Please complete the registration and make your offering payable to:

**Most Blessed Sacrament Church**  
Please send to:

**Cornerstone**  
**Most Blessed Sacrament Church**  
**787 Franklin Lake Road**  
**Franklin Lakes, New Jersey 07417**

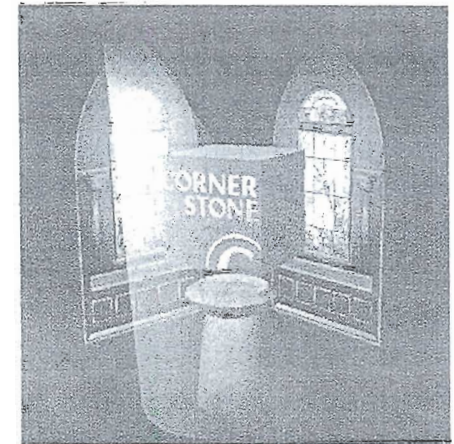
**THE WELCOMING FAITH  
COMMUNITY**

**OF THE**

***CHURCH OF THE  
MOST BLESSED SACRAMENT***

**INVITES YOU TO JOIN US FOR**

***CORNERSTONE  
2010***



**...that foundation  
is Jesus Christ.  
*1 Corinthians 3:11***

**FOR WOMEN:  
MARCH 5-6, 2010**

FOR ALL WHO HAVE NOT  
EXPERIENCED CONERSTONE, WE  
CORDIALLY INVITE YOU TO  
PARTICIPATE  
IN...

## **CORNERSTONE**

**FOR WOMEN  
MARCH 5-6, 2010**

### **WHAT IS CORNERSTONE?**

**Cornerstone** is a friendly gathering of the people of the parish to participate in a renewal process to deepen their faith and their relationship with God. It is the building of a community—person by person and family by family with Jesus Christ and the **Cornerstone**.

Join us as we work together to build a warm welcoming community here at Most Blessed Sacrament.

### **WHO WILL RUN CORNERSTONE?**

The team members are made up of women who have experienced **Cornerstone** in the past. They have been preparing for this weekend for the last ten months. Some team members will share their faith experiences through talks, others will be responsible for the liturgy, decorations, meals, etc.

### **WHAT WILL CORNERSTONE BE LIKE?**

The gathering will begin on Friday evening at 7:00 p.m. and will end on Saturday evening at 8:00 p.m. when we celebrate Mass with family and friends.

**Cornerstone** will take place in the school and church. Comfortable sleeping accommodations along with delicious meal and snacks will be provided by team members. Dress is very casual. The atmosphere is prayerful and relaxed and the camaraderie is wonderful.

During the weekend, there will be time for reflection, sharing life's experiences with each other, and small group discussions. You will have the opportunity to actively participate or you may choose to remain an "observer." The only expectation is that you remain open to the Holy Spirit as the **Cornerstone** experience unfolds. We guarantee that you will come away from **Cornerstone** with a deeper awareness of God in your life.

Since the first **Cornerstone** began here at Most Blessed Sacrament in 1991, over 800 women of the parish have participated.

### **WHAT ARE CORNERSTONE TALKS?**

The speakers, are current team members, who will share their own personal experiences of God's love and activity in their lives. It is much easier to share the joyous moments in our lives than the sorrowful ones, but you will hear both. It is through witnessing and knowing that God is with us in good times and bad, that we grow in our knowledge of his abounding love for us. It is through this knowledge and love of God that we are able to help others to come to know and love him.

### **I'D LIKE TO MAKE CORNERSTONE. WHAT DO I DO NOW?**

Please fill out the reservation form on the back to reserve your space for **Cornerstone**.

A suggested offering of \$60.00 would be appreciated. This offering covers some of the cost of your meals, accommodations, and materials.

Please feel free to contact members of the Team (listed on back) for more information.

# *Programs for Younger Kids*



## **HAPPY BIRTHDAY CARMINE AND LOUIE!**

for grades K - 2

You are invited as  
our special guest to help  
celebrate their third birthday



**Wednesday, January 27  
4:15- 5:15 p.m.**

Franklin Lakes residents may sign-up on  
Wednesday, January 13  
Out-of-town Monday, January 25

## **THINKING GREEN IN ALL COLORS**

for children ages 3–6

Earth friendly stories  
and interactive fun

**Fridays, February 19 - March 12  
10:30 - 11:15 a.m.**

Franklin Lakes residents may sign-up on  
Monday, February 8  
Out-of-town Wednesday, February 17



# *Programs for Older Kids*



## **IT'S SUMMER IN JANUARY!**

for grades 2 - 5

**Wednesday, January 20  
4:15 - 5:15 p.m.**

It may be cold outside...but it's a day at  
the beach in the library. Bring a beach  
towel! Play games, eat s'mores and  
make a sunny day craft.

Franklin Lakes residents may sign-up on  
Monday, January 11  
Out-of-town Friday, January 15

## **YEAR OF THE TIGER CHINESE NEW YEAR CRAFT**

for grades K - 2



**Tuesday, February 2  
4:15 - 5:15 p.m.**

Franklin Lakes residents may sign-up  
on Monday, January 25  
Out-of-town Friday, January 29

## **HEART TO HEART**

for grades K-2

**Wednesday, February 10  
4:15 - 5:15 p.m.**



Join us to create a Valentine craft,  
stories, fun and surprises galore.

Franklin Lakes residents may sign-up on  
Monday, February 1  
Out-of-town Monday, February 8

## **CALL MY BLUFF**

for grades 3 - 6

**A Hilarious Fact or Fiction Word Game**  
Two Sessions: Thursday, February 11 and  
Friday, February 12  
**4:15 - 5:15 pm**

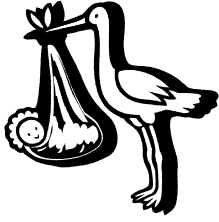
Each team receives a word and provides  
three definitions. It's up to the other team to  
decide which is true and which is made up.

**But which one?**

## **PRIZES and REFRESHMENTS**

Franklin Lakes residents may sign-up  
on Monday, February 1  
Out-of-town Monday, February 8

# Programs for Younger Kids



**WELCOME to the P.I.N.T. Center!  
for newborns to 30 months**

**9:30 - 10:15 a.m. or 10:30 - 11:15 a.m.**

**Session I: Fridays, January 8-January 29**

**Session II: *Wednesdays*, February 24 - March 17**

An informal social time for parents, infants and toddlers. Come meet others, introduce your child to the library and hear stories, songs and fingerplays appropriate for the younger crowd.

**Franklin Lakes residents can register on-line @ <http://www.franklinlakeslibrary.org/>**

**SESSION I:** Registration for Franklin Lakes residents begins Monday, December 28  
Out-of-Town Wednesday, January 6

**SESSION II:** Registration for Franklin Lakes residents begins Friday, February 12  
Out-of-Town Monday, February 22



**TOT-TIME for ages 30 months to 5 years**

**9:30 - 10:30 a.m. *OR* 1:15 - 2:15 p.m.**

***Session I:* Tuesdays, January 19 - February 9**

**OR**

**Thursdays, January 21 - February 11**



***Session II:* Tuesdays, March 9 - March 30**

**OR**

**Thursday, March 11 - April 1**



A four-week series featuring crafts, stories, music and free-play.  
All children must be 30 months old by January 19 to qualify for this series.

**Session I -** Registration for Franklin Lakes residents begins Monday, January 11  
Out-of-town Thursday, Friday, January 15

**Session II -** Registration for Franklin Lakes residents begins Monday, March 1  
Out-of-town Thursday, Friday, March 5

# Programs for Older Kids



## DROP IN MOVIE

All ages-No Registration Required

Walt Disney's  
The GOOFY WORLD OF SPORTS  
32 MINUTES rated PG

## DOUBLE FEATURE

SCOOBY'S DOO'S  
Laff-A-Lympics  
88 MINUTES



Wednesday, February 17  
1:00 - 3:00 p.m.

## MARDI GRAS PARTY

for grades 2-5

Thursday, February 18  
4:15-5:15 p.m.



Bring your creative self to the library...we are having a Mardi Gras Party!

Decorate a mask, play games, win prizes and munch on King Cup Cakes!

Franklin Lakes residents may sign-up on Tuesday, February 9  
Out-of-town Monday, February 15

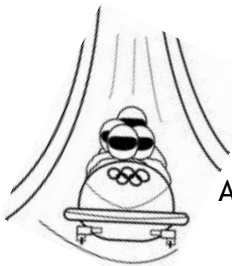


## WINTER OLYMPIC JEOPARDY

for grades 4, 5 and 6

Friday, February 19 @ 1:00-2:30 p.m.

A fun competitive game show program! Test your knowledge of the Winter Olympics!



Franklin Lakes residents ONLY!

Sign-up begins on Tuesday, February 9

Sponsored by the Franklin Lakes Recreation Department.

Prizes will be awarded to the winners.

## BOOK BUDDIES

A book discussion group for grades 2 and 3.  
Meets the first Thursday of each month @ 4:15 - 5:15 p.m.  
Registration is on-going.

January 7: *How to Eat Fried Worms*  
by Thomas Rockwell

February 4: *The Elevator Family*  
by Douglas Evans



## DOUBLE DIGITS

A book discussion group for grades 4, 5 and 6.  
Meets the last Thursday of every month from @ 4:00 - 5:00 p.m.  
Registration is on-going.

January 28 book is: *Everything for a Dog*  
by Ann M. Martin

February 25: *Chains* by Laurie Anderson

March 25: *Crazy Lady!* by Jane Leslie Conly

# Programs for Older Kids

## HOMESCHOOL HELPERS

for children in kindergarten - 5th grade

Get **EXPERT** help with your homework assignments!  
Meets every Tuesday and Thursday  
4:30 - 5:30 p.m.

Franklin Lakes residents only! Registration is required, call 201-891-2224 or visit the Children's Reference Desk



## STUDY BUDDIES

Is a self help program designed to help children in grade 6 to work on homework assignments.

The program meets every Wednesday from  
3:00 - 4:00 p.m.

## PARENT WORKSHOP

Thursday, March 4 @7:00 p.m.

Eileen Lampert from the Saddle River Day Care School presents

## HOW TO RAISE A READER

Franklin Lakes residents may sign-up on  
Monday, February 22.  
Out-of-town Tuesday, March 2.

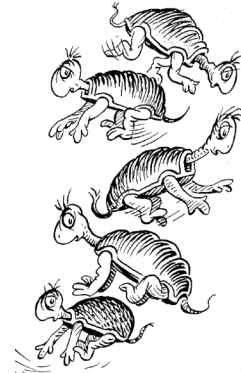


## WE'RE CELEBRATING DR. SEUSS'S BIRTHDAY AT THE LIBRARY

for children ages 5 and up

## BRIAN RICHARD'S Magic of Reading

WEDNESDAY, March 3@4:15-5:15 p.m.  
Franklin Lakes residents may sign-up on  
Monday, February 22.  
Out-of-town Monday, March 1.



## DIARY OF A WIMPY KID PARTY

## THE LAST STRAW

for grades 4, 5, and 6

Thursday, March 11 @ 4:15 p.m. - 5:15 p.m.

Play the **CHEESE TOUCH GAME**-the **FREGLEY GAME** and the **PERSONALITY GAME**. IF you thought the book was funny ...wait til you come to the party!

Franklin Lakes residents may sign-up on Monday, February 22.  
Out-of-town Monday, March 1.

# *Programs for Older Kids*

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## **Tween Digital Camera Class**

**Wednesday, March 10  
4:15 - 5:30 p.m.**

for grades 4 and up.  
Franklin Lakes residents may sign-up on  
Monday, March 1.  
Out-of-town Monday, March 8.

## **DROP IN MOVIE**

All ages-No Registration Required

**Tuesday, March 16  
4:15 - 6:00 p.m.**

## **G-FORCE**

Rated PG 88 minutes

## **St. PATRICK'S DAY BIG BASH PARTY**

for grades 3-6  
**Wednesday, March 17  
4:15 - 5:30 p.m.**

The Call Your Bluff Show will be  
presented at the  
"Touch of the Blarney  
Showcase."

Come kick up your heels at the  
biggest bash in town!

Franklin Lakes residents may sign-up  
on Monday, March 8  
Out-of-town Monday, March 15



**Coming soon: YOUNG PEOPLE'S ART SHOW, sponsored by FFL**

Reception : Tuesday, March 23, @ 7:00 p.m.  
Entry forms will be available mid January 2010.  
Theme : Environment - "The Good Earth"

## **LEGO CONTEST Wednesday, March 31 @ 4:15 - 6:00 p.m.**



Back by popular demand, Franklin Lakes Library Lego Contest,  
co-sponsored by the Franklin Lakes Recreation Department.  
**Franklin Lakes residents only-grades k and up.** Registration begins  
Monday, March 22 by calling the children's department at 201-8991-2224  
or on-line at [www.franklinlakeslibrary.org](http://www.franklinlakeslibrary.org)

## **FAMILY SPECIALS:** sponsored by the *Friends of the Library*

*Family Specials are open to Franklin Lakes residents only and current members of the Friends organization. Tickets are free and available in person or by telephone (201-891-2224).*

**Mr. Spoonman:Wednesday, March 24 @ 7:00 p.m.** Jim Cruise provides a comedy show by playing ordinary household spoons. For families with children in kindergarten and up.  
Tickets and registration begins Monday, March 15.



A collaborative adult religious education program  
sponsored by:

- Guardian Angel Church, *Allendale*
- Most Blessed Sacrament Church, *Franklin Lakes*
- St. Catharine's Church, *Glen Rock*
- St. Luke's Church, *Ho-Ho-Kus*
- The Church of the Nativity, *Midland Park*
- Immaculate Conception, *Mahwah*
- St. Paul Church, *Ramsey*
- Our Lady of Mount Carmel Church, *Ridgewood*
- The Church of the Presentation, *USR*
- St. Elizabeth Church, *Wyckoff*

Meeting at:

Our Lady of Mount Carmel Church  
1 Passaic Street  
Ridgewood, NJ 07450  
201- 444-2000

For directions visit:  
[www.olmcridgewood.com](http://www.olmcridgewood.com)

Thursday Evenings: 7:30 – 9:00PM  
January 21 & 28  
February 4 & 11

Wednesdays at St. Luke's – Courses E & F only!  
(February 18- Snow Date if Necessary)

*Celebrating 20 years of*

# GROWING IN FAITH AND THEOLOGY



## Winter Semester 2010

## COURSE OFFERINGS

Course B, C and D occur on four consecutive Thursday evenings. Course A will occur on three Thursdays with extended time. You are welcome to sign up for one of these courses. **In addition**, you may register for Courses E or F (Wednesday PM or Evening) and Workshop G (Saturday).

### A. Meeting Thomas Merton Again for the First Time

*Sr. Kathleen Deignan*

Thomas Merton (1915-1968) - monk, mystic, and prophet - has been acclaimed a modern spiritual master and a contemporary "Father of the Church," who, three decades after his death, continues to emerge as a spiritual luminary for our new century, explicitly Catholic and American. These three sessions give us the chance to meet Merton again as if for the first time, whether we left him in his monastery on *The Seven Storey Mountain* or followed him through all the challenges of the later 20<sup>th</sup> Century to his death in Asia. Join us to explore his rich and provocative legacy of wisdom.

### B. What Every Teen Wants Their Parent to Know....but is Afraid to Tell Them!

*Glen McCall, M. A. &*

*Deacon John McKeon*

Technology, Internet, Media, Relationships, Peer Pressure, Bullies, Over-scheduling, Stress, Substance Abuse... (You name it!) Questions your teen might find troubling. How to ask? When to ask? and What to say?. Glen and John will explore all these ways to connect with your teen.

### C. Come and Learn with the Pastors of our G.I.F.T. Community!

*Bishop John W. Flesey*

**Does It All Really Matter?** The relevance of the gospel message to the complicated problems of today, the world economy is in a deep crisis. Rogue nations developing nuclear weapons. Many family relationships are falling apart. We will attempt to show that the Gospel speaks to all this in an enlightened and compelling way.

*Fr. Bob Stagg*

#### **Father, You Want Me To Do What?**

Leadership in Parish Ministry is a service to the community to which so many of us are called. Some "dos" and "don'ts" for anyone involved in parish life.

*Msgr. Ronald Rozniak*

**The Parish: Home to a Diversified Spirituality** Parish life today is a mosaic of many spiritual traditions and Spirit-led movements. God calls to each of us in our own unique ways and experiences. The challenge is to live our rich diversity, in love, as we become one family in faith.

*Msgr. Lawrence Cull*

**Addiction and Faith** – Likely you know someone who is trapped in some form of addiction. There is hope for them and their loved ones. This course will help you bring healing, hope and restoration to those affected with addiction.

**D. Darkness into Light**

*Rev. Dan Bottorff, D. Min*

"Living with Depression" Depression requires understanding and compassion. Compassion for the sufferer, even if he or she is oneself. Understanding gives hope and directions for coping and healing. Whether you experience depression yourself or your loved ones are contending with this illness, this workshop will provide both understanding and compassion.

**WEDNESDAY COURSE  
@ ST. LUKE'S, HO-HO-KUS**

**Luke at Luke's**

*Rev. James White, D. Min.*

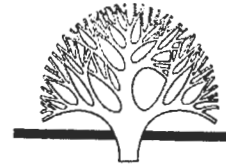
After taking a look at how the Gospels were originally put together, we will explore the events surrounding Jesus' birth, his career as a wondering preacher, and the meaning of his crucifixion, death and resurrection. Are these simply stories of ancient history, or do they have transforming power in our lives today? Come and find out.

**E. 12:30 PM – 2:00 PM**

or

**F. 7:30 PM – 9:00 PM**

Wednesdays Jan 20, 27 and  
February 3 & 10



**GIFT**

**SATURDAY WORKSHOP!**

**G. Be Not Afraid**

*Janet Pfeiffer*

Turning to God in times of Fear and Uncertainty.

Are you facing a challenge in your life caused by the economy, unemployment, uncertainty for the future? This powerful and uplifting presentation is a combination of scripture, lecture, personal stories and examples of living our faith during times of hopelessness and despair. Now more than ever, we need to be reminded of God's everlasting promise and His unending presence in our lives. Turning towards Him on times of distress, we must learn to trust on His word. Having faith that we can overcome any and all challenges we encounter; alleviates fear, anxiety, stress, anger and despair. Facing lives uncertainties with unwavering trust in our Lord creates a deeper, more intimate, relationship with our Heavenly Father.

**St. Catharine's Church**  
Community Hall  
Saturday, January 30, 2010  
9:30 am – 1:00 pm  
(Light Breakfast Included)

## Registration Form

Please fill out one form for each participant per course. Detach and enclose the \$35 per person, per course fee. Course "G" is \$ 25. Make checks payable to **St. Catharine's Church – GIFT**. Fees are non-refundable after Jan. 15<sup>th</sup>.

(Please Print Clearly)

Name \_\_\_\_\_

Street: \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_ @ \_\_\_\_\_  
(To confirm registration)

Parish: \_\_\_\_\_

### RETURN FORM & CHECK BY JAN. 15<sup>th</sup> TO:

- **Your Parish Office or**
- **St. Catharine's Religious Ed. Office**  
180 Rodney Street  
Glen Rock, NJ 07452

**COURSE SELECTION:** Course B, C and D occur on four consecutive Thursday evenings. Course A will occur on three Thursdays with extended time. You are welcome to sign up for one of these courses.

**In addition**, you may register for Courses E or F (Wednesday PM or Evening) and Workshop G (Saturday). Since class size is limited, indicate your order of preference by marking #1 for your first choice and #2 for your second for courses A, B, C, or D

A \_\_\_\_\_ Thursdays Jan. 21 & 28 and Feb 4  
(7:30 PM – 9:30 PM)

B \_\_\_\_\_ C \_\_\_\_\_ D \_\_\_\_\_

E \_\_\_\_\_ Wed. 12:30 – 2:00 PM at St. Luke's  
Parish Center

F \_\_\_\_\_ Wed. 7:30 – 9:00 PM at St. Luke's  
Parish Center

G \_\_\_\_\_ Saturday, January 30, 2010  
9:30am – 1:00pm  
St. Catharine's Church Community Hall  
Glen Rock. (Breakfast included)

## G.I.F.T. Faculty

**Dan Botorff, D. Min** has practiced psychotherapy for 30 years as a Pastoral Psychotherapist and Marriage and Family Therapist. He served parishes for over 25 years as well as college instructor at Drew University and The College of New Jersey.

**Sister Kathleen Deignan, CND** holds a master's degree in the history of Christian Spirituality and a doctorate in Historical Theology from Fordham University. She is Professor of Religious Studies and founder of the Iona Spirituality Institute, which she directs at Iona College. A sister of the Congregation of Notre Dame, she lives her community's spirit of Magnificat as a composer of sacred and liturgical song.

**Bishop John W. Flesey** is Pastor of Most Blessed Sacrament in Franklin Lakes and Auxiliary Bishop of the Archdiocese of Newark. He obtained his Doctor of Theology degree from the University of St. Thomas in Rome in 1990. In addition, Bishop Flesey holds a Masters degree in counseling from Iona College, N.Y. He has spoken widely on a number of topics related to Spirituality, and has published a series of recorded lectures on preaching and the scriptures. Bishop Flesey's homilies are podcast weekly and are accessible on iTunes.

**Rev. Robert Stagg** has been Pastor of the Church of the Presentation for the last 3 years. Before this, he was Pastor of St. James, Springfield. He has served on the Personnel Board and helped steer the Archdiocesan New Energies Task Force for its first 5 years. Fr. Bob was ordained in 1975 from Immaculate Conception Seminary.

**Rev. Msgr. Larry Cull** is the Pastor at St. Paul's in Ramsey. Fr. Larry was ordained in May 1969 from Immaculate Conception Seminary. Since 2001 he established the Third Saturday Monthly Recovery Mass for all those who are affected by the disease of Alcoholism.

**Rev. Msgr. Ronald Rozniak** is serving his third term as the pastor of Our Lady of Mt Carmel Church in Ridgewood. In addition to his duties as pastor, he is Vicar General, Missio Sui Juris," Turks and Caicos Islands and Archdiocesan Episcopal Vicar for Healthcare and Social Services.

**Glen McCall, MA.** is celebrating his 27<sup>th</sup> year in youth ministry and serves as Director of Youth Ministry at Our Lady of Mount Carmel Church, Ridgewood, NJ. He is a National Speaker having spoken at many national conferences. In addition, he has been appointed to the National Association for Catholic Youth Ministry Leaders' Leadership Team for a three year term.

**John McKeon** – Deacon at St. Luke's Parish in Ho-Ho-Kus for the last 10 years. He is a licensed clinical social worker and regional director for Special Education in the Northern Valley School System.

**Rev. Jim White** is a priest of the Archdiocese of Newark. He has served as parochial vicar in St. Philomena's in Livingston and Our Lady of Good Counsel in Washington Township, as chaplain to St. Michael's Hospital in Newark and Bergen Catholic High School. He is currently a parochial vicar at St. Luke's in Ho-Ho-Kus.

**Janet Pfeiffer**, internationally known speaker and award-winning author, is one of today's most sought after seminar speakers. She is a consultant to several major U.S. companies. Janet has spoken at the United Nations, Notre Dame University, is a member of the National Suicide Prevention Foundation and has been highlighted by NBC news. She has co-hosted her own radio talk show and has been a contributing writer for Solo magazine.