

TRAVEL BASEBALL/SOFTBALL

The travel team offers qualified players an opportunity to compete at a higher level of competition. This program is more competitive in nature and requires an increased level of interest, talent, and commitment. This program has try-outs with some children being turned away, and carries a registration fee in addition to the recreation baseball fee. The number of teams is based on the number of children in the recreation program interested in playing at a higher level of competition. Must be registered for recreation baseball to tryout for travel baseball. Fee—\$115

Tryout Levels

8U, 9U, 10U, 11U, 12U, 13U

Player will be evaluated on the following:

Hitting, Fielding, Throwing, and Running.

Player will be evaluated by independent evaluators.

Tryout information will be forthcoming.

Letter from Director

Come join us for our fun and exciting classes at the Recreation Department and Fitness Center. Come see what we have to offer, come kick start your new year. Let us help you get into shape today. Its fun and close to home.

See you there!
John Ciurciu
Recreation Director

Tone Up: is a full body work out that incorporates light lifting and high intensity cardio.

Pilates: aims is to improve flexibility and strength and to create a balance in the body. It includes comprehensive regulation of the physical functions and leads to physical and mental relaxation

Yoga: Incorporates principals of alignment, strength, flexibility, balance & relaxation.

Zumba: fuses hypnotic musical rhythms and tantalizing moves to create a dynamic workout that is fun and easy to do.

Tai Chi/ Chi-Kung: is a slow, graceful Chinese exercise that enhances relaxation skills, mental focus and physical alignment while building leg strength, endurance and stability. Tai- Chi is ideal for increasing stamina, flexibility and coordination.

Jump Start: is a high energy, fat burning cardio class. Sure to get your heart beat pumping.

Body Blast: is a slower Zumba- style class with a great calorie-burn and tone-up.

Sr. Water Color: Wet-in-wet and glazing techniques used in still life and landscape paintings. Students supply their own materials.

Sr. Art: The basics of drawing including line drawing, shading, still life and perspective. Students supply their own materials.

Membership Fees:

Student (8th grade thru college)
\$10/month \$120/year

Single Adult
\$12/month \$144/year

Family
\$20/month \$240/year

Senior
\$8/month \$96/year



Franklin Lakes Recreation & Parks Department 2010 Spring Registration Information



**John Ciurciu
Recreation & Parks Director**

**Recreation & Parks Department
1 Vichiconti Way
Franklin Lakes, NJ 07417
Office Hours
Mon. & Wed. 7:00am-6:00pm
Tues. & Thurs. 8:30am- 8:00pm
Friday 7:00am- 4:00pm
201-847-8200**

www.franklinlakes.org

BASEBALL

Online registration will open February 1st and close February 28th, after that you must register in person at the Recreation Department.

PLEASE NOTE THAT THERE WILL BE A \$50 LATE FEE ADDED TO THE REGISTRATION AFTER FEBRUARY 28

In-person Registration Dates :

(At Recreation and Parks Department,

1 Vichiconti Way)

Tuesdays, February 9, 16 & 23

Thursdays, February 11, 18 & 25

8:30am– 8:00pm

ONLINE REGISTRATION

Registration can also be done on-line by going to www.franklinlakes.org, Click on Recreation and Parks in the left hand column and follow directions.

If you are interested in coaching, please indicate it on the registration form under special comments or request box. All coaches must be Rutgers certified and pass a background check.

Boys Baseball:

Grades 1 & 2—Fee \$65

Grades 3 & 4—Fee \$75

Grades 5 through 9—Fee \$95

Note: 9th graders who play Freshman Ball are eligible but cannot pitch.

Recreation teams will play other Franklin Lakes teams and/or teams from the surrounding towns. Practices are designed to help players improve on their fielding, throwing, batting and base running skills all within the team setting.



SPRING ROLLER HOCKEY

Boys and Girls:

Kindergarten & 1st grades

Fee \$65

Kindergarten and 1st Grade participants learn the skills of skating and are introduced to the sport with rules.



SOFTBALL

Girls Softball:

Grades 1 & 2—Fee \$65

Grades 3 & 4—Fee \$75

Grades 5 through 9—Fee \$95

Practices are designed towards helping players improve on their fielding, throwing, batting and base running skills all within the team setting.



K-Clinic T-Ball

Boys and Girls:

Kindergarten

Fee—\$65

Learn the basics of baseball and have fun! Held on Saturdays in May and June





Friends of the Franklin Lakes Library 2010 Youth Art Show

When: Art Exhibited from March 1 – 23, 2010
Awards Ceremony on March 23, 2010
(see reverse side for rules for entries/dates for delivery of art/times)

Where: Franklin Lakes Public Library

Who: For all Franklin Lakes residents and students
in Grades K through 8

The Friends of the Franklin Lakes Library invite you to participate in our annual Youth Art Show.

Certificates and ribbons will be awarded to all participants. Local professional artists will be judging the show to award Special Prizes in several categories.

The theme of this year's show is "*The Good Earth*". Please note: Artists have the option of entering art that depicts the show's theme, but it is not mandatory.

We will again offer a "People's Choice" award voting, where all visitors to the Library can vote for their favorite art in a variety of categories.

Please join us in this opportunity to appreciate our young local artists!

Visit the Library!

Vote for Your Favorite!

2010 YOUNG PEOPLE'S ART SHOW

All entries to be delivered to the Library:

Friday, February 26, 2010 **from 3:30 PM to 5:30 PM or**
Saturday, February 27, 2010 **from 1:00 PM to 3:00 PM**

“People’s Choice” voting in the Library **March 1-19, 2010**

Presentation of the awards will be at the Franklin Lakes Library (Everyone is invited!):

Wednesday, March 23, 2010 **at 7:00 PM**

Rules for entries:

1. All students enrolled in Grades K through 8, who are residents of Franklin Lakes or who attend school in Franklin Lakes are eligible to enter the Young People’s Art Show.
2. There is a limit of one (1) entry per student.
3. Artists have the option of entering work depicting their choice of subjects. It is not mandatory to submit works that depict the Art Show’s theme.
4. Only original paintings and drawings will be accepted. No sculpture or crafts, please.
5. Each entry must be suitably framed for hanging. **THIS IS VERY IMPORTANT:** Please make sure that there is a hook or wire attached to the frame so that the art can be hung on the wall. Entries improperly framed can not be hung and will be returned to the artist.
6. No names may be visible on the front of the entry.
7. All entries should be removed from the Library on March 23, 2010 at the conclusion of the ceremony.
8. The Friends do not assume any responsibility for loss or damage to entries.

If you have any questions, please call Toni Wagner at 201-405-1895.

PLEASE COMPLETE THIS PORTION AND SUBMIT WITH YOUR ENTRY

NAME _____ GRADE _____

ADDRESS _____ PHONE _____

SCHOOL _____

TITLE OF WORK _____

WOMEN'S TEAM:

Sr. Rose Marie Kean (201) 891-4200
Judi Lehmbeck (973) 423-2804
Amy Collilns (201) 891-6806
Susan Healey (201) 848-4685

Amy Collins

Nancy Ambrose

Diane Barbera

Dawn Cortese

Donna Fitteron

Susan Healey

Madeline Jannicelli

Sr. Rose Marie Kean

Judi Lehmbeck

Charlene Mady

Glory Oberle

Lori Pfeifer

Donna Pontrelli

Kathy Reilly

Joanne Reilly

Kathy Santo

Tracey Starr

REGISTRATION FORM

- For women—March 5-6, 2010
- I would like to know about **Cornerstone**.
Please have someone contact me.

Name _____

Address _____

Town _____ Zip _____

Phone _____

Cell Phone _____

Nickname _____

E-Mail _____

Spouse/Family Contact:

Name _____

Relationship _____

Address _____

Phone _____

Cell Phone _____

E-Mail _____

Please complete the registration and make your offering payable to:

Most Blessed Sacrament Church
Please send to:

Cornerstone
Most Blessed Sacrament Church
787 Franklin Lake Road
Franklin Lakes, New Jersey 07417

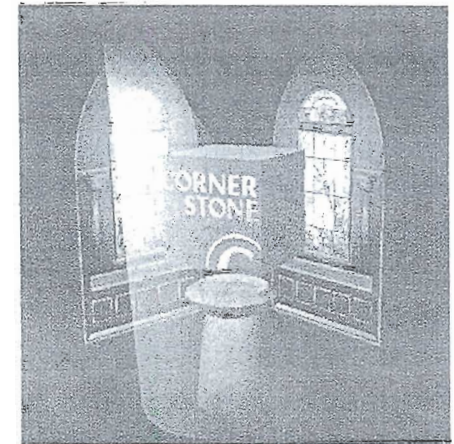
**THE WELCOMING FAITH
COMMUNITY**

OF THE

***CHURCH OF THE
MOST BLESSED SACRAMENT***

INVITES YOU TO JOIN US FOR

***CORNERSTONE
2010***



**...that foundation
is Jesus Christ.
*1 Corinthians 3:11***

**FOR WOMEN:
MARCH 5-6, 2010**

FOR ALL WHO HAVE NOT
EXPERIENCED CONERSTONE, WE
CORDIALLY INVITE YOU TO
PARTICIPATE
IN...

CORNERSTONE

**FOR WOMEN
MARCH 5-6, 2010**

WHAT IS CORNERSTONE?

Cornerstone is a friendly gathering of the people of the parish to participate in a renewal process to deepen their faith and their relationship with God. It is the building of a community—person by person and family by family with Jesus Christ and the **Cornerstone**.

Join us as we work together to build a warm welcoming community here at Most Blessed Sacrament.

WHO WILL RUN CORNERSTONE?

The team members are made up of women who have experienced **Cornerstone** in the past. They have been preparing for this weekend for the last ten months. Some team members will share their faith experiences through talks, others will be responsible for the liturgy, decorations, meals, etc.

WHAT WILL CORNERSTONE BE LIKE?

The gathering will begin on Friday evening at 7:00 p.m. and will end on Saturday evening at 8:00 p.m. when we celebrate Mass with family and friends.

Cornerstone will take place in the school and church. Comfortable sleeping accommodations along with delicious meal and snacks will be provided by team members. Dress is very casual. The atmosphere is prayerful and relaxed and the camaraderie is wonderful.

During the weekend, there will be time for reflection, sharing life's experiences with each other, and small group discussions. You will have the opportunity to actively participate or you may choose to remain an "observer." The only expectation is that you remain open to the Holy Spirit as the **Cornerstone** experience unfolds. We guarantee that you will come away from **Cornerstone** with a deeper awareness of God in your life.

Since the first **Cornerstone** began here at Most Blessed Sacrament in 1991, over 800 women of the parish have participated.

WHAT ARE CORNERSTONE TALKS?

The speakers, are current team members, who will share their own personal experiences of God's love and activity in their lives. It is much easier to share the joyous moments in our lives than the sorrowful ones, but you will hear both. It is through witnessing and knowing that God is with us in good times and bad, that we grow in our knowledge of his abounding love for us. It is through this knowledge and love of God that we are able to help others to come to know and love him.

I'D LIKE TO MAKE CORNERSTONE. WHAT DO I DO NOW?

Please fill out the reservation form on the back to reserve your space for **Cornerstone**.

A suggested offering of \$60.00 would be appreciated. This offering covers some of the cost of your meals, accommodations, and materials.

Please feel free to contact members of the Team (listed on back) for more information.

Programs for Older Kids

Tween Digital Camera Class

**Wednesday, March 10
4:15 - 5:30 p.m.**

for grades 4 and up.
Franklin Lakes residents may sign-up on
Monday, March 1.
Out-of-town Monday, March 8.

DROP IN MOVIE

All ages-No Registration Required

**Tuesday, March 16
4:15 - 6:00 p.m.**

G-FORCE

Rated PG 88 minutes

St. PATRICK'S DAY BIG BASH PARTY

for grades 3-6
**Wednesday, March 17
4:15 - 5:30 p.m.**

The Call Your Bluff Show will be
presented at the
"Touch of the Blarney
Showcase."

Come kick up your heels at the
biggest bash in town!

Franklin Lakes residents may sign-up
on Monday, March 8
Out-of-town Monday, March 15



Coming soon: YOUNG PEOPLE'S ART SHOW, sponsored by FFL

Reception : Tuesday, March 23, @ 7:00 p.m.
Entry forms will be available mid January 2010.
Theme : Environment - "The Good Earth"

LEGO CONTEST Wednesday, March 31 @ 4:15 - 6:00 p.m.



Back by popular demand, Franklin Lakes Library Lego Contest,
co-sponsored by the Franklin Lakes Recreation Department.
Franklin Lakes residents only-grades k and up. Registration begins
Monday, March 22 by calling the children's department at 201-8991-2224
or on-line at www.franklinlakeslibrary.org

FAMILY SPECIALS: sponsored by the *Friends of the Library*

Family Specials are open to Franklin Lakes residents only and current members of the Friends organization. Tickets are free and available in person or by telephone (201-891-2224).

Mr. Spoonman: Wednesday, March 24 @ 7:00 p.m. Jim Cruise provides a comedy show by playing ordinary household spoons. For families with children in kindergarten and up.
Tickets and registration begins Monday, March 15.

Programs for Older Kids

HOMESCHOOL HELPERS

for children in kindergarten - 5th grade

Get **EXPERT** help with your homework assignments!
Meets every Tuesday and Thursday
4:30 - 5:30 p.m.

Franklin Lakes residents only! Registration is required, call 201-891-2224 or visit the Children's Reference Desk



STUDY BUDDIES

Is a self help program designed to help children in grade 6 to work on homework assignments.

The program meets every Wednesday from
3:00 - 4:00 p.m.

PARENT WORKSHOP

Thursday, March 4 @7:00 p.m.

Eileen Lampert from the Saddle River Day Care School presents

HOW TO RAISE A READER

Franklin Lakes residents may sign-up on
Monday, February 22.
Out-of-town Tuesday, March 2.



WE'RE CELEBRATING DR. SEUSS'S BIRTHDAY AT THE LIBRARY

for children ages 5 and up

BRIAN RICHARD'S Magic of Reading

WEDNESDAY, March 3@4:15-5:15 p.m.
Franklin Lakes residents may sign-up on
Monday, February 22.
Out-of-town Monday, March 1.



DIARY OF A WIMPY KID PARTY

THE LAST STRAW

for grades 4, 5, and 6

Thursday, March 11 @ 4:15 p.m. - 5:15 p.m.

Play the CHEESE TOUCH GAME-the FREGLEY GAME and
the PERSONALITY GAME. IF you thought the book was funny
...wait til you come to the party!

Franklin Lakes residents may sign-up on Monday, February 22.
Out-of-town Monday, March 1.

SPRING PROGRAMS FOR TEENS

FRANKLIN LAKES PUBLIC LIBRARY ~ WWW.FRANKLINLAKESLIBRARY.ORG

Volunteer Opportunities!

Advisory Council for the Community by Teens (ACCTs)
For Grades 7-12, meets every other Wednesday, 7-8 p.m.
For those with an interest in promoting teens and libraries
through community services projects.

Homework Helpers need high school volunteers to work
with elementary-aged students, Tuesdays and Thursdays,
4:15-5:15 p.m.

Fright Nite 2010! Those in Grade 5+ are invited to an
Interest Session on Wednesday, May 19, 4:15-5:15 p.m.
to learn more about the library's annual haunted library
festivities to take place on October 22, 2010.

We're especially seeking those with an interest in acting
and behind-the-scenes work.

Poetry Contest!

Due: Monday, April 5, 2010

**Grand Prize: \$50 American Express Gift Card
Grades 7-12**

Original entries should be no longer than 250 words.

Submit entries to the library or by email.

Winners announced during National Library Week!

Just-for-Fun Writers Group

Tuesdays, March 2-March 30, 4:00-5:30 p.m.

& special session on April 6, 7:00-8:00 p.m.

with a guest author appearance!

*Simply designed as a place for you to write . . .
and write . . .*

Celebrate Teen Tech Week, March 7-13, 2010

Digital Photography Wednesday, March 10, 4:15-5:30 p.m. (all
ages)

Kathy Moser Songwriting Thursday, March 18, 7:00-8:30 p.m. (Grade 7+)

Take a break from all the stress in May with the L
Guru ~



>>Book Discussions<<

TEEN BOOK CLUB for Grades 7-9
Usually meets the last Wednesday every month,
4:30-5:30 p.m.
Check the website calendar for a full schedule.



FOR MORE INFO, CONTACT KATE, TEEN LIBRARIAN

KATE_THELIBRARIAN@YAHOO.COM

201.891.2224

katethelibrarian.blogspot.com

SPRING PROGRAMS EXCLUSIVELY FOR GRADE 6

FRANKLIN LAKES PUBLIC LIBRARY ~ WWW.FRANKLINLAKESLIBRARY.ORG

Celebrate Teen Tech Week, March 7-13, 2010

Digital Photography for all ages on **Wednesday, March 10, 4:15-5:30 p**

Fright Nite 2010

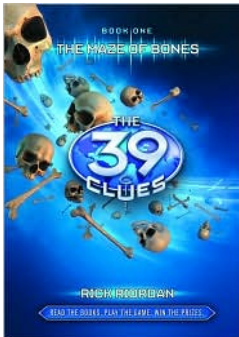
Those in Grade 5 and older are invited to an Interest Session on Wednesday, May 19, 4:15-5:15 p.m. to learn more about the library's annual haunted library festivities to take place on October 22, 2010. We're especially seeking those with an interest in acting and behind-the-scenes work.

Study Buddies

Space to do homework will be available to groups of 6th Grade students most Wednesdays, 3-4 p.m. Computers will be provided.
February 24-April 7; April 21-May 26
:: Register online or call 201.891.2224 ::

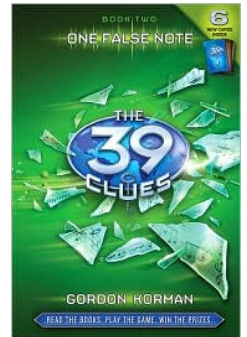
Re-Make Recycled Crafts

Make the old stuff new again on Tuesday, April 20, 4:00-5:00 p.m. We'll provide all supplies.



39 Clues Scavenger Hunt!

Thursday, May 13, 7:00-8:30 p.m.
Starting in the Teen Room!



>>Book Discussions<<

DOUBLE DIGITS for Grades 4-6
Usually meets the last Thursday every month,
4:00-5:00 p.m.
Check the website calendar for a full schedule.



FOR MORE INFO, CONTACT KATE, TEEN LIBRARIAN

KATE_THELIBRARIAN@YAHOO.COM

201.891.2224

katethelibrarian.blogspot.com